



### **After Your Root Canal Appointment**

Root canal therapy has been completed on your tooth. The most important step after this procedure is to have a final restoration (filling or crown) by your dentist. The following list should help with any questions you may have after your leave our office:

1. Your tooth, lips, cheeks, gums, and tongue will be numb for a few hours after your appointment. So be careful eating, chewing and drinking, you don't want to injure yourself.
2. Due to your treatment and your body's healing, the tooth will be sore to touch and biting. We recommend you take ibuprofen (Advil, Motrin) or naproxen (Aleve) before the numbness wears off and again this evening or before bed. If the soreness does not subside in a few (three-four) days or it gets worse, please contact the office at 919-367-2875.
3. Anytime you have been given a prescription, it is very important to take it as prescribed.
4. Your temporary filling needs about 30 minutes to harden, please avoid eating for 30 minutes after your appointment. Also, your temporary filling is designed to chip and flake off so it doesn't transmit any forces on your tooth while it is healing. If your temporary comes completely out please contact our office at 919-367-2875.
5. Continue to brush and floss your teeth as usual.
6. Lastly, we will send you a recall card in the upcoming months following your root canal so we can check the healing on your tooth and take a radiograph. There is no fee for this appointment.
7. If you experience severe pain and/or swelling please call our emergency number: 919-491-7195 (Dr. Burleson's Cell Phone)