



After Your Apical Surgery Appointment

Apical Surgery has been completed on your tooth. The most important step after this procedure is your home care of the surgical site and returning to our office one week for suture removal. The following list should help with any questions you may think of after you leave our office:

1. Your tooth, lips, cheeks, gums, and tongue will be numb for a few hours after your appointment. So be careful eating, chewing and drinking, you don't want to injure yourself.
2. You will leave the office with gauze, as a "band-aid". Please remove it in 30 minutes.
3. Due to your treatment and your body's healing, the incision area will be tender. We recommend you take ibuprofen (Advil, Motrin) or naproxen (Aleve) before the numbness wears off and again this evening or before bed. This will help with the swelling and soreness. If the soreness does not subside in a few (three-four) days or it gets worse, please contact the office 919-367-2875.
4. Anytime you have been given a prescription, it is very important to take it as prescribed.
5. Today and Tonight do not eat ANY hot or spicy foods; place an ice pack on and off for 10 minute intervals; DO NOT rinse, spit or suck through a straw; avoid brushing and flossing around the incision site and sutures. Lastly, DO NOT SMOKE.
6. Continue to brush and floss your OTHER teeth as usual.
7. Tomorrow, use a salt water rinse throughout the day to help with the healing of your gums.
8. If you experience severe pain and/or swelling please call our emergency number 919-491-7195 Dr. Burlison's Cell Phone.