



After Your Root Canal Opening

Root canal therapy has been started on your tooth. The most important step after this procedure is to have the root canal completed and then a final restoration (filling/crown) placed by your dentist. The following list should help with any questions you may think of after you leave our office:

1. Your tooth, lips, cheeks, gums, and tongue will be numb for a few hours after your appointment. So be careful eating, chewing and drinking, you don't want to injure anything.
2. Due to your treatment and your body's healing, the tooth will be sore to touch and biting. We recommend you take ibuprofen (Advil, Motrin) or naproxen (Aleve) before the numbness wears off and again this evening or before bed. If the soreness does not subside in a few (three-four) days or it gets worse, please contact our office 919-367-2875.
3. Anytime you have been given a prescription, it is very important to take it as prescribed.
4. Your temporary filling needs about 30 minutes to harden, please avoid eating for 30 minutes after your appointment. Also, your temporary filling is designed to chip and flake off so it doesn't transmit any forces on your tooth while it is healing, but if it comes completely out please contact our office 919-367-2875.
5. Continue to brush and floss your teeth as usual.
6. Lastly, if you experience severe pain and/or swelling please call our emergency number 919-491-7195 Dr. Burleson's Cell Phone.